

# E Y E B R O W S



Proper care following a procedure is necessary to achieve the best results. Keep in mind that in many cases some swelling, sensitivity, and unevenness of color are to be expected. This is why we have a touch up visit in place. Please be aware that Permanent Makeup is a two-step process: your initial procedure and your second initial procedure or touch up (6-12 weeks after your first initial procedure.) If you have gone beyond the 12 weeks it will no longer be considered a touch up procedure.

## Not recommended for:

- Pregnant or nursing.
- Skin irritations on the brow area like sunburn, psoriasis, severe acne
- Chemotherapy patients (will need a note from your physician)
- Major heart problems / taking blood thinners
- Organ transplant
- Botox in the last two weeks
- Previous permanent eyebrow tattoo (will need to approve before booking)
- Infections / disorders / diseases that could impact healing
- Accutane within the last year.

## Before Care:

- Avoid alcohol, caffeine, Aspirin, or Ibuprofen for 24 hours before the procedure
- Do not tan or have sunburned face.
- Do not work out the day of your appointment.
- Because Botox can alter the position of your brows, it should be performed at minimum 2 weeks before your appointment.
- Discontinue Vitamin A/Retinol products at least 2 weeks prior to treatment.
- Discontinue Fish Oil or Vitamin E one week prior to your treatment.
- Thoroughly read all the forms given to you at the time of your appointment and ask any questions you may have.
- Be sure to advise of any allergies, medical conditions, prior permanent eyebrow makeup and prescriptions you take prior to your appointment.

## **After care:**

1. Clean your eyebrows with the After Care Pads provided to you every hour for the first four hours after your procedure.
2. After your fourth and last cleaning, you will begin your 10 day dry healing process. This means nothing on the eyebrow area for 10 days. No water, creams, makeup, mascara, soap, etc of any kind should be used on the eyebrows. This includes heavy sweating as well so refrain from intense physical activity during your healing time.
3. Use the protective Visors provided to you when showering. Even if you are not washing your hair, we recommend to use the visor to protect from any potential splashes or moisture on your eyebrows.
4. On day 11 you may resume your regular routine. You can wet your brows, however if all your scabs have not fallen off yet, DO NOT scrub or pick at the scabs. Let them fall off naturally.

## **Important Don'ts:**

- DO NOT apply cleansers, creams, makeup or any other products on treated area for 10 days!
- DO NOT rub, pick, or scratch the treated area. Not allowing scabs to exfoliate and fall off on their own naturally can cause scarring.
- DO NOT expose your post procedure healing skin to direct sunlight, tanning beds, hot tubs, saunas, salt water, or chlorinated water for 3-4 weeks following your procedure.
- DO NOT have any facials, botox, fillers, chemical treatments, and microdermabrasion done until 4 weeks after your procedure.

## **Long-term aftercare**

- Use good sunscreen after 10 days; sun exposure can fade your permanent cosmetics.
- If you are planning a chemical peel, laser procedure, or MRI scan, please inform your physician/technician of your permanent cosmetics
- The use of Retin-A/ Tretinoin, chemical peels, acid peels, or any other rapid skin exfoliation products used on the forehead area may cause your permanent cosmetics to fade prematurely. Take care to avoid your eyebrow area.

## About the procedure

- The procedure takes approximately 2 hours with no down time.
- Topical numbing agents are applied before and throughout the procedure to keep pain & discomfort to a minimum.
- At your appointment, we will schedule a touch up for 6-12 weeks from your first procedure date. After your initial appointment and touch up, your maintenance touch ups are to be within 6-18 months from your last session. For ombre brows up to 2 years.
- For the first 7-12 days, eyebrows will appear darker, bolder, and thicker due. This is common for healing and to be expected for all permanent makeup procedures.
- Please be aware that the healed result of the procedure is dependent on the following:
  - Medication and health conditions
  - Skin conditions & skin health (i.e. oily and pored skin, sensitive dry and flaky skin, sun damaged skin, loose skin, natural skin undertones)
  - Alcohol intake & smoking
  - General stress
  - Immune system
  - Poor diet
  - How well you follow the after care instructions

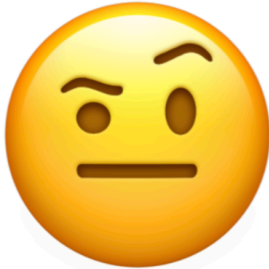
# HEALING STAGES



**Day 1: OMG I'm in love with my brows!**



**Day 2-4: I don't like the color. It's too dark.**



**Day 5-7: Oh no!! My brows are scabbing and falling off!**



**Day 8-10: WTF! My brows are gone!**



**Day 14-28: Phew, my brows are coming back... Still looking patchy and uneven.**



**4-8 Weeks Later – After Touch Up: They're beautiful! I love them!**