



MICROBLADING PREPARATION

- It all starts with a good canvas! The eyebrow area must be healthy, strong, non-sensitive, and non-irritated. You will get much better results when you prep properly. Here's how to get your skin ready for the procedure:
 - Avoid alcohol, caffeine, Aspirin, or Ibuprofen for 24 hours before the procedure.
 - Do not pick/tweeze/wax/perform electrolysis one week before the procedure
 - Do not tan two weeks prior, or come to your appointment with a sunburned face.
 - Because Botox can alter the position of your brows, it should be performed at minimum 2 weeks before your appointment.
 - Discontinue Vitamin A/Retinol products at least 2 weeks prior to treatment.
 - Discontinue Fish Oil or Vitamin E one week prior to your treatment. (They are natural blood thinners)
 - No Accutane within one year of treatment.
 - Thoroughly read all the forms given to you at the time of your appointment and ask any questions you may have.
 - Be sure to advise me of any allergies, medical conditions, prior permanent eye brow makeup and prescriptions you take prior to your appointment.

AFTER CARE

Day of Treatment:

- Your brows will appear significantly larger, darker and sharper than what is expected in the final outcome. The superficial color will flake off, and your pigment will look 30-40% lighter. The strokes will heal into a soft "powdered" look. It will take time for this transition based on how quickly the outer layer of your skin exfoliates.
- **Absorb:** With medium pressure, blot the area with a clean tissue to absorb the excess lymph fluid. Do this every 5 minutes for the full day until oozing has stopped. Removing this fluid prevents the hardening of the lymph, thus helping to prevent scabbing. Blotting is key!

Days 2 - 10 (or until flaking/scabbing stops):

- Gently rinse your eyebrows each morning and night with water and a gentle soap (Dial, baby shampoo, Cetaphil). With a light touch, use your clean fingertips to gently cleanse eyebrows. Rub the area in a smooth motion for 5 Seconds and rinse with water, ensuring that all soap is rinsed away. Gently pat with a clean tissue to dry. Never use anything other than your hand to clean it. This includes wash clothes, sponges, and paper or cloth towels. Use warm water and a mild soap. Avoid the temptation to "help" the flaking along by brushing roughly. DO NOT use any cleansing products containing acids (glycolic, lactic, or AHA), or any exfoliants.
- Keep your brows dry each day after washing. No lotions, ointments or gels.
- **Do not rub or pick at your brows! This can cause scarring, blurring, and/or infection.** Should there be any scabbing, let them fall off naturally. They will fall off as the tattoo heals, usually in one to 3 weeks. As the tattoo heals it may become itchy and you might get an uncontrollable urge to scratch at it to alleviate the discomfort. Don't. A scab is your body's natural way of healing itself. However, it may look like, a scab is still attached to the underlying skin. By picking or scratching at it there is the potential of tearing away from your skin pulling

skin tissue and the underlying ink with it. If itching does occur it is usually a good indication that the skin is dry. Applying a THIN coat of ointment will help alleviate the discomfort.

- Aside from your daily gentle washes as noted above, do not soak your brows in water until healed. (ex. bath tub, sauna, pool, hot tub) When washing your face, wash around the brow area. Showers are fine, but limit them to 5 minutes to prevent too much steam around the brow area.
- No sweating or working out until brows are healed.
- Avoid facials, chemical treatments, and Botox for 4 weeks.
- No makeup, lotions, or other products to touch the treated area until brows are healed.
- You can go outside, but be sure to stay out of direct sunlight and tanning booths. Avoid laying out at the pool or beach until your brows are healed. If you are going to the beach or pool, wear a hat that shields your brows from the sun until you're healed.
- Consult a physician if you have ANY signs of infection. Signs of infection could include: redness in the brow area (aside from the first few hours after your appointment), foul smell, green or yellow discharge, and/or fever.
- Should you have any questions or concerns please email: cincybrows@gmail.co,

LONG TERM AFTER CARE – AFTER YOUR SKIN HAS HEALED

- Inform your technician of your semi-permanent brows at the time of any laser procedures or MRI's.
- Always use a good sunscreen to protect your brows from fading & ashing of your tattoo caused by sun exposure, Extreme sun exposure can and will fade your pigment. Applying a good sunscreen of at least SPF 30 can minimize pigment fading due to sun exposure.
- Be aware that the use of chemical peels, exfoliants, strong facial products, and bleaching agents in the forehead region can expedite the fading of your semi-permanent eyebrows.

HEALING STAGES

- Day 1: Your brows look great! Some clients may feel their new brows look a little harsh and bright, but this will soften as they heal. Redness and puffiness will dissipate within a couple of hours. Minor soreness may remain, but typically no medication or ice is needed.
- Days 2-4: Your brows may look darker and bolder than intended. This is temporary and will only last a few days on average. To better balance out your face on these days, wear a little extra face & eye makeup!
- Days 5-7: Your brows may begin to flake or scab and fall off. This is absolutely normal, and necessary. Whatever you do, DON'T PICK at your brows! Let them flake off naturally.
- Days 8-10: Your brows may appear several shades lighter once the scabbing is gone. It's common to worry that something is wrong. If you're following the aftercare fully, this is very normal. The top layer of skin is fresh and is muting the pigment.
- Days 12-28: Your brows will begin to appear darker and you may feel relieved to see some of the color returning. It's common for them to be slightly patchy in spots, and to feel that your brows aren't dark enough. Some people also notice small things they want to change about their brows – such as making them slightly bigger, higher or lower, darker, etc. Not to worry! That is why we have the touch up appointment included in with your microblading package!

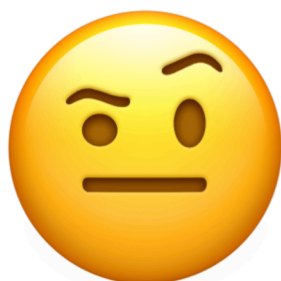
HEALING PROCESS



**Day 1: OMG I'm in love
with my brows!**



**Day 2-4: I don't like the
color. It's too dark.**



**Day 5-7: Oh no!! My brows
are scabbing and falling off!**



**Day 8-10: WTF!
My brows are gone!**



**Day 14-28: Phew, my brows are
coming back... Still looking patchy
and uneven.**



**4-8 Weeks Later – After Touch Up:
They're beautiful! I love them!**



artsybrow

